

<b>Summer Week 1</b>		
	<b>Main Course</b>	<b>Pudding</b>
Monday	Thai Green Fish Curry with Brown Basmati Rice	Greek Yoghurt and Strawberry Puree
Tuesday	Creamy Pea and Tomato Orzo	Sugar Free Carrot Cake
Wednesday	Double Bean and Roasted Pepper Chilli with Rice	Blueberry Muffin
Thursday	Creamy Cauliflower Cheese and Spinach Pasta Bake	Greek Yoghurt with Berry Compote
Friday	Summer Fish Pie With Sweetcorn and Peas	Custard and Stewed Pears
<b>Week 2</b>		
Monday	Lemon and Herb Parmesan Crusted Fish Roast Carrots & Potatoes	Greek Yoghurt and Peach and Nectarine Compote
Tuesday	Tofu Vegetable A La King with Brown Basmati Rice	Raisin and Oat Cookie
Wednesday	Creamy Coconut Lentil and Vegetable Curry	Greek Yoghurt and Mango Puree
Thursday	Chickpea and Apricot Tagine with Cous Cous	Homemade Chocolate Biscuit
Friday	Haddock Tomato and Mascarpone Risotto	Feel Good Flapjack
<b>Week 3</b>		
Monday	Cheesy Tuna and Sweetcorn Pasta	Raisin and Coat Cookie
Tuesday	Green Burgers with Vegetable sticks and Potato Wedges	Greek Yoghurt and Forest Fruit Puree
Wednesday	Pea, Cod and Dill Pilaf	Lemon Biscuit
Thursday	Courgette Lasagne	Bananas and Custard
Friday	Salmon and Broccoli Pasta Bake	Greek Yoghurt and Berry Compote